



DEMENTIA PARTNERS



Dementia Partners Resources

LifeCare Memory Partners initiated and leads a coalition of local organizations working to foster collaboration, share resources, and increase our community's capacity to meet the needs of individuals and families living with the challenges of dementia.

AARP:

states.aarp.org/north-carolina

Rosalie Calarco, Associate State Director AARPNC Coastal Region

910.746.7081 / rcalarco@aarp.org

AARP is a nonprofit, nonpartisan organization that empowers people to choose how they live as they age.

- Learn more about all resources available for Family Caregiving at aarp.org/caregiving and in Spanish at aarp.org/espanol. Download a Caregiving Guide in several languages and for military and LGBTQ caregivers at aarp.org/caregiving/prepare-to-care-planning-guide/
- Caregiving support line available Monday-Friday from 7am to 11pm ET at 877.333.5885 and in Spanish at 888.971.2013.
- AARP also has an online caregiving community where caregivers can join for free to talk with other caregivers and get answers from experts in the community. Facebook users can visit the Connect, share stores, and get answers, just search AARP Family Caregivers Discussion Group on Facebook.
- Search for local caregiving resources in a variety of topics at aarp.org/caregiving/local
- We Need to Talk: How do you know when it's time for your loved one to limit or stop driving? research.thehartford.com/eseachclient/search?app=hig2&q=At+the+Crossroads

Alzheimer's Association:

alz.org/nc / encinfo@alz.org / 919.803.8285

The Alzheimer's Association is the leading voluntary health organization in Alzheimer's care, support and research. Our vision is a world without Alzheimer's and all other dementia®.

- Call our 24/7 Helpline at 800.272.3900 to speak with master's-level care consultants for decision making support, crisis assistance and more. Bilingual staff, interpreter service and live chat available.
- Explore alz.org for online tools and resources such as Alzheimer's Navigator®, ALZConnected®, e-learning workshops, virtual library, Community Resource Finder and more. Some resources available in multiple languages.
- Visit act.alz.org/ENCMonthlyprograms to find local educational opportunities or to request a program.

Cape Fear Area Agency on Aging:

capefearcog.org / 910.395.4553

The Cape Fear Area Agency on Aging is the organization mandated under the provisions of the Older American's Act of 1965, as amended, to work on behalf of older adults and their caregivers in Brunswick, Columbus, New Hanover and Pender Counties.

It is our mission to enhance the quality of life and meet the needs of older adults and their caregivers through a regional system of comprehensive, coordinated and community-based services and advocacy.

Services/Resources:

- Information and referral to local resources on aging issues
- Regional Long-Term Care Ombudsman Program
- Family Caregiver Support Program
- Senior Medicare Patrol (SMP)
- Project C.A.R.E., state-funded dementia-specific support for caregivers

Coastal Carolina Active Living:

bsrinc.org / 910.754.2300 / generalbsri@bsrinc.org

BSRI is the lead nonprofit agency providing programs and services open to adults aged 50 and older with the mission to promote the well-being and enhance the quality of life for all senior adults of Brunswick County. Services offered:

- Nutrition and Wellness – programs to distribute food / meals, referrals to food in community, several nutrition sites
- Programs and Services – to meet the needs of seniors in the community and foster independence such as respite, in-home aide program, SHIP, and more
- Recreational activities to promote wellness and socialization at each center and thrift stores in Calabash and Shallotte

disAbility Resource Cent:

drc-cil.org / 910.815.6618

disAbility Resource Center (dRC) provides free services to people of all ages and all types of disabilities, intended to help them become and maintain their independence at home, school, work and within the community. Training is available to the community on disability etiquette such as how to conduct accessible meetings.

Our services include:

- Information and Referral
- Youth Transition Services
- Advocacy
- Independent Skills
- Peer Support
- Benefits Counseling
- Computer lab and assistive technology support

Dementia Alliance of North Carolina:

DementiaNC.org / info@dementianc.org 919.832.3732

Dementia Alliance of North Carolina is committed to improving the lives of all North Carolinians impacted by dementia, engaging and empowering them through support, education and research. Dementia Alliance is a 501(c)3 nonprofit organization serving families in North Carolina.

About Our Programs:

- Dementia Navigation determines the individual needs of incoming families so we can provide personalized information, referrals, and other forms of caregiver assistance.
- Education: We provide in-person and online education and support groups for families and professional caregivers. By attending these programs, caregivers experience reduced stress and improved quality of life.
- Music & Memory at Home: A free program helping people living with dementia living at home find renewed joy and connection through music.

LifeCare Memory Partners:

LifeCareMemoryPartners.org

Contact person: Candy Lee, LifeCare Memory Partners Manager

910.796.7955 / candy.lee@LifeCare.org / Call 1.800.733.1476

Monday – Friday, 8 a.m. to 5 p.m. to schedule a no cost consultation

The mission of Lower Cape Fear LifeCare's Memory Partners program is to improve the lives of families challenged by dementia by providing a variety of no-cost services including consultations and assessments, respite care, caregiver training and education.

- Personal conversations and scheduled follow-ups with certified clinicians to help identify educational, support, and resource needs
- Ongoing caregiver activities including support groups and SAVVY skills trainings
- Pertinent educational topics including advance care planning, fall prevention and safety, self-care, brain health and more
- Respite care provided by dementia-trained volunteers
- Complimentary safety equipment and activity items based on needs

New Hanover County Resource Center

src.nhcgov.com / 910.798.6400

The New Hanover County Senior Resource Center is a State recognized "Senior Center of Excellence" and its mission is to act as the focal point for Aging Services in New Hanover County by providing services which promote wellness, encourage independence, and enhance quality of life for all older persons.

Services Include:

- Recreation
- Nutrition
- Life Enrichment Program
- Caregiver Support and Support Groups; contact Julia Griffin at 910.798.6402
- Volunteer
- Transportation
- Outpatient Mental Health and Substance Use Services

Individuals fifty-five (55) years of age and older are welcome to participate in activities at the Senior Center, but to participate in grant funded programs (i.e. nutrition, transportation, etc.) seniors must be at least sixty (60) years of age.

Novant Health Neurology

nhrmc.org/locations/novant-health-neurology.

Contact Novant Health Neurology - Doctors Circle (Building C) at 910.662.7500.

Novant Health Neurology offers diagnosis and treatment of neurological problems. Our providers care for patients admitted to the hospital as well as outpatient follow-up care in the practice. For new patients, a primary care doctor must provide a referral.